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 Albuquerque, NM 87131-0001



UNM Continuing Education



Spring 2012 | January-May

505-277-0077 | dce.unm.edu



Osher Lifelong Learning Institute
 at the University of New Mexico

**Membership
 Program
 for 50+**



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Osher Lifelong Learning Institute

at the University of New Mexico

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Maralie BeLonge
Program Supervisor

Welcome!

to the Osher Lifelong Learning Institute at The University of New Mexico!

In partnership with the Bernard Osher Foundation, we are pleased to present our Fall catalog of courses, lectures and performances for adults in their prime years.

Through our Osher courses, seasoned learners are encouraged to explore where they are at this juncture in their lives. These offerings are intellectually challenging, psychologically probing, and spiritually engaging.

We feature the leadership and expertise of many of UNM's most recognized scholars and other experts. Click on 'Meet Our Instructors' to read their biographies on the website at dce.unm.edu/Osher.

The Osher Foundation

The Bernard Osher Foundation was founded in 1977. Bernard Osher is a community-oriented businessman whose philanthropy has greatly benefited over 120 universities that are now funded as Osher Lifelong Learning Institutes. Assisted by his wife Barbro (Swedish Consul in San Francisco and Chair of the Osher Board of Directors), Bernard Osher helps these universities to establish intellectually stimulating learning opportunities for mature participants. The Osher Lifelong Learning Institute at UNM is the only one in New Mexico.



Membership

Membership in our Osher Lifelong Learning Institute opens the door for adults age 50 and above to choose from many thought-provoking courses. The emphasis of the university-level courses is to deepen understanding of academic areas such as art, history, literature and science. Members also increase skills in areas such as music, genealogical research and informed travel. In addition, Osher classes offer members the opportunity to build connections with other mature learners in the Albuquerque community.

The classes are non-credit. There are no entrance requirements, no tests, and no grades. In fact, no college background is needed at all—it's your love of learning that counts.

The membership fee is only \$20 annually. Joining allows you to register for all the Osher courses in 2012, and you may join at any time during the year.

New catalogs are distributed in the Spring, Summer and Fall semesters, with a total of over 200 courses, lectures and performances offered during the calendar year.

UNM Alumni Association Partners with the Osher Lifelong Learning Institute.

UNM alumni who are age 50 and above qualify for special membership benefits when joining the Osher Lifelong Learning Institute at UNM. With membership, age-qualified UNM alumni receive a 10% discount on all Osher courses (but not the Membership fee) and 10% off Growth & Enrichment courses at UNM Continuing Education. Alumni who become Osher Members will receive a special membership card, free book check-out from the five libraries on main campus, as well as e-mail announcements of cultural events on the campus.

Membership Benefits

An annual \$20 membership provides entry into the Osher community and a growing list of benefits on campus and citywide. By showing your Osher Membership card and a valid picture ID, you will receive the following benefits and discounts:

- A free monthly members' lecture on a variety of stimulating topics and other special members-only events.
- Book and materials check out within the five main UNM Libraries.
- 10% discount at many events at Popejoy Hall, all events at Keller Hall and announcements for on-and off-campus cultural events.
- Discounts to the YMCA of Central New Mexico and waiver of Joining Fee. Check www.ymcacnm.org for program information.
- Discounted monthly membership at Defined Fitness. Check www.defined.com.
- Discount on Albuquerque International Association lecture series. Check www.abqinternational.org for program information.

Joining the Osher Lifelong Learning Institute provides access to the best of UNM's educational tradition. Osher members join a dynamic community of adults 50+ who share a common love of learning. Classes are interactive and active participation is encouraged. Not only will you make discoveries that may change your life, you'll meet many like-minded people who might become friends.

Course Information

Tuition fees vary by course, with lectures at \$19 and courses ranging from \$25 to \$90. There may be required texts or materials fees for some courses, which will be stated in the course description.

You may take as many Osher courses as you wish each semester. Our program features one-time lectures lasting about two hours, performances lasting several hours, and courses that range from 2 to 12 weeks long. The Spring semester runs from January to May.

Now, take advantage of a very special offer. As an Osher Member, you'll receive a 10% discount for Growth & Enrichment courses offered through Continuing Education. Just contact Registration in person or by phone at (505) 277-0077 when you enroll in Osher courses, and say you qualify for this discount. Feel free to call the Osher Supervisor at (505) 277-6179 to verify course specifics.

Registration

Registering for Osher courses is quick and easy. You can register by phone, mail, FAX, or in person: Mon–Fri, 7:30 am–5:30 pm in the South Building of UNM Continuing Education, 1634 University Blvd. NE. For a full list of registration instructions, see page 56.

Discount for UNM Staff, Faculty and Retirees

UNM Staff, Faculty and UNM Retirees who are current Osher members receive a 20% discount on all Osher Lifelong Learning Institute classes, lectures and performances.

For More Information

Maralie W. BeLonge, *Program Supervisor*
(505) 277-6179 or belonge@unm.edu

Location:
1634 University Blvd NE
Phone: (505) 277-6179
Fax: (505) 277-8975
Email: belonge@unm.edu
Web: dce.unm.edu/Osher

Mailing Address:
Osher
UNM Continuing Education
MSC07 4030
1 University of New Mexico
Albuquerque, NM 87131-0001

Locations

UNM Continuing Education
1634 University Blvd. NE, Albuquerque, NM
(just north of Indian School)

Del Webb Alegria—Active Adult Community
901 Cottonwood Circle, Bernalillo, NM
(Turn East on to Santiago Way, off of Rio Rancho Blvd.
NE Highway 528) Phone: 505-771-3367

Alternate locations are indicated with the course
description and at the time of registration.

Refunds

Requests to refund tuition must be made in writing and
received 3 business days prior to the first class meeting.
UNM Continuing Education retains \$15 as a processing
fee. Send or bring your request to the above address, or
FAX (505) 277-1990, or email registration@dce.unm.edu.



Members can
volunteer to help
guide the direction of
our Osher Lifelong
Learning Institute.

Contact the Osher
Supervisor,
Maralie BeLonge
(505) 277-6179
belonge@unm.edu

Become an Osher Volunteer!

505-277-0077 | dce.unm.edu/osher | Follow us on  /osher

Osher Membership Events 2012

Admission is Free for Osher Members. These events are a
wonderful way to introduce a friend, family member or
colleague to the value of the Osher Lifelong Learning Institute
at the University of New Mexico.

Assessing Climate Change: The Science & The Politics **January 19, 2012 | 7:00 – 9:00pm**

Instructor: Frederic March, Environmental Planning & Policy Consultant
Continuing Education North Building

The Changing Doctor Patient Relationship **February 3, 2012 | 10:00 – Noon**

Francis Roe, M.D.

Continuing Education North Building

Estate Planning for the Middle Class **March 8, 2012 | 4:00 – 5:30pm**

Patricia Bradley, J.D.

Continuing Education North Building

Storytelling over Time: Literature, Art, Song and Film **March 16, 2012 | 1:00 – 3:00pm**

Rosemary Day, Ph.D.

Continuing Education North Building

Real Golf on the "Best" Courses **April 13, 2012 | 1:00 – 3:00pm**

Richard Peck, Ph.D., Former UNM President

Del Webb Alegria Active Adult Community

Estate Planning for the Middle Class **April 25, 2012 | 5:30 – 7:00pm**

Patricia Bradley, J.D.

Del Webb Alegria Active Adult Community

The Disaster of May 1940 and the Creation of Vichy France **April 30, 2012 | 10:00 – Noon**

Ramon Flores, M.A., Cultural Pluralism

Continuing Education North Building

Consumer Self-Defense

May 16, 2012 | 7:00 – 9:00pm

Janet Otero, Attorney General's Office, State of NM

Del Webb Alegria Active Adult Community

1912

June 5, 2012 | 1:00 – 3:00pm

Howard Romanek, Retired History/Intl Studies Instructor, Illinois State University

Continuing Education North Building

Stick a Fork in it: Why Do we Say That?

June 21, 2012 | 7:00 – 9:00PM

Roberta Boggess, MA, Outstanding High School Teacher

Continuing Education North Building

Osher Courses

Art & Art History

Fakin' It... Illusory Art II

Have you ever touched a marble table to discover it was only wood? Or approached a brick wall and discovered it was actually canvas? Welcome to faux painting and *trompe l'oeil*. In these classes for the novice, learn to paint any surface to look like paneling, marble or foliage. Take a favorite postcard and create a tabletop or a mural. Join us for a hands-on experience that's as easy as 1-2-3. **Note:** A \$30 materials fee is payable to the instructor at the first class.

Course: 19104 **\$50** **For: 3 sessions**
Section A: Feb 1-15 **W** **1:00pm-4:00pm**
CE South Building
James E. Bruce, Jr.

The Art of Sport

Artists have been interested in trying to depict human beings in motion since preliterate times. Sport, dance and athletics have provided much of the source for this challenge. These presentations are designed to explore the unique symbolic and interpretive connections between Sport and Art, from prehistoric cave paintings to modern abstract expressionism. The philosophical arguments about sport being without artistic merit plus the rebuttals will be touched on lightly.

Course: 19108 **\$45** **For: 4 sessions**
Section A: Apr 2-23 **M** **1:00pm-3:00pm**
CE South Building
James Genasci, Ed.D., Distinguished Professor of Humanities (Ret.), Springfield College



James
Genasci

Baroque Art

Baroque art from approximately 1600-1750 arose in opposition to the elegant and stylized works of 16th century Mannerism. Study the Baroque period, one of the most dramatic and fascinating in western civilization. Explore and discuss a spectacle of works of astonishing variety that include some of the greatest and most diverse artists in the western tradition including: Caravaggio, Rubens, Rembrandt, Vermeer, Poussin, Velazquez, and Bernini. These artists have been called forerunners of such diverse movements as Impressionism and Abstract Expressionism. We will address why this is so, and study the impact of the aesthetic, religious, political and scientific ideas that lead to the Baroque artists' fascination with time, space and light.



Course: 19109 **\$60** **For: 6 sessions**
Section A: Feb 7-Mar 13 **T** **10:00am-12:00pm**
CE South Building
Kathleen Waymire, Ph.D.

Athens, 1986 to Present: Myth and Modernity

In this illustrated lecture, we will contrast the visitors' image of modern Athens, which focuses on antiquity, with the inhabitants' experience of the city today, as it is continuously affected by politics, the economy, popular culture, and personal experience. Where does the real Athens, then, lie? Perhaps somewhere between the classical and the modern myths. Our aim is to contrast the idea of Athens as a timeless symbol of western culture with the reality of Athens today, as it changes and adapts to global culture.



Eleni Bastea

Course: 19118 **\$19** **For: 1 session**
Section A: Mar 5 **M** **1:00pm-3:00pm**
CE South Building
Eleni Bastea, Ph.D., Professor, Art and Art History, UNM

America's Art Museums

Many of America's 800 art museums have interesting stories behind their buildings, their collections, their funding operation, and their interactions with each other. Just as interesting is where they are headed. Discuss current trends including building expansion, private and public collections, global reach, and the internet.



James Gallegos

Course: 19121 **\$19** **For: 1 session**
Section A: Mar 23 **F** **3:00pm-5:00pm**
CE South Building
Section B: Apr 20 **F** **3:00pm-5:00pm**
Alegria Del Webb - Active Adult Community
James Gallegos, Art History Aficionado

Sculpting Cathedrals: The Rebirth of the Figure in the High Middle Ages

We'll examine the use of sculpture as a "medium of message," but also as a space for exploring the artistic development of the human form in the Middle Ages. The facades of churches and cathedrals in Western Europe re-introduced the human form in a very powerful way from the Romanesque through the Gothic periods. The Gothic sculptors in particular responded to innovations in architecture with their own innovations in figural art. We will trace this development and decode some of the messages presented on the exteriors of cathedrals from medieval Western Europe.



Justine Andrews

Course: 19122 **\$19** **For: 1 session**
Section A: Apr 18 **W** **7:00pm-9:00pm**
CE South Building
Justine Andrews, Ph.D., UNM Art and Art History Department

Splash Ink and Watercolor

Explore Asian black ink and primary watercolors splashed onto rice paper, adding finishing touches from both Eastern and Western traditions. Blending black ink and watercolors produces an abstract that can be variously interpreted. Often the artist must look at the abstract forms for a while to let the colors speak. The creativity is in the mind of the artist. This innovative style of painting expresses an exceptional and contemporary view of nature. Artists can allow themselves to let go of 'control' and enjoy this method of creativity. **Note:** A \$30 materials fee is payable to the instructor at the first class unless you've previously taken the course.



Ming Franz

Course: 19141 **\$80** **For: 6 sessions**
Section A: Mar 23-May 4 **F** **1:00pm-4:00pm**
Note: No class on Apr 6.
CE North Building
Ming Franz, National Champion of Splash Ink Technique

How to Look at Modern Art—Transforming Vision

Many contemporary writers have been inspired by modern art and their insightful words are an important aid in understanding the complexities of modernism. In this course we will carefully study some of the pivotal paintings and sculptures of the 20th and 21st centuries. We will analyze and discuss these works, and we will also examine essays, poems and short stories about these pieces that will enhance our enjoyment and perceptions of modern art.

Course: 19143 **\$25** **For: 2 sessions**
Section A: Apr 3-10 **T** **1:00pm-3:00pm**
Section B: Apr 17-24 **T** **1:00pm-3:00pm**
Both sections: Alegria Del Webb - Active Adult Community
Kathleen Waymire, Ph.D.

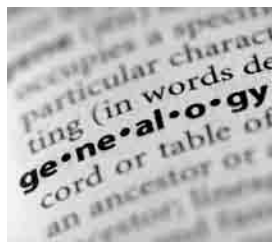
Culture

Computerized Genealogy

Everyone has ancestors. Researching family history has become the fastest growing hobby in America. Bring your laptop so you can practice using technology to organize and research your genealogy. You will learn the best software and tools to help you search efficiently. Online genealogy includes how to hunt for web sites and evaluate what you find there, and the use of free and commercial databases. The rest is up to you- happy hunting. **Note:** Use of a laptop computer is encouraged to receive the most benefit from this class.

Course: 19155 **\$45** **For: 4 sessions**
Section A: Feb 7-28 **T** **10:00am-12:00pm**

Alegria Del Webb - Active Adult Community
Victoria Sullivan, Albuquerque Genealogical Society



The History, Cultural Influences and Politics of Tea

How many thousands of years have people been enjoying tea? Where did tea originate and how did it travel all around the world? This course will cover the amazing history of tea as distinguished from herbal infusions of non-tea plants, its properties and the cultural influence of the British Empire in using tea as a trading commodity in the Far East and beyond. David Edwards provides fine teas to the public. Ask him if green tea is truly a panacea? And why some teas cost the price of gold per ounce. Each class will



David
Edwards

have a lecture period followed by hands on preparing and sampling of various teas related to the talk. **Note:** Class size is limited to 10 people. A Materials Fee of \$15 is payable to the instructor at the beginning of the first class.

Course: 19163 **\$50** **For: 3 sessions**
Section A: Mar 5-19 **M** **10:00am-12:00pm**
Section B: Mar 5-19 **M** **1:00pm-3:00pm**

Both sections: New Mexico Tea Company
David Edwards

Gilgamesh, Gypsies, Griots and Gigabytes: Storytelling Through the Ages

Stories are basic to human communication and help define us as unique individuals and as a species. Storytelling requires a teller, story, and listener, but cultures have often developed these roles in very different ways. Journey with us as we uncover ancient stories, learn about African keepers of tribal oral histories, visit medieval Celtic storytelling schools, move with the Crusaders, Gypsies, and bards as they scatter their tales across Asia and Europe and ponder the contemporary stories from our media.

Course: 19172 **\$35** **For: 3 sessions**
Section A: Apr 12-26 **Th** **2:00pm-4:00pm**

CE South Building
Margaret Edmundson, M.A., Master Storyteller and World Traveler



American Colonial Cooking

Immigrants to the New World brought seeds, plants and recipes from the Old World to the Americas - and promptly starved. The next wave of immigrants had to adapt to “exotic” foods such as corn, pumpkin and molasses or experience the same fate. The colonies became not only a “melting pot” of language and culture, but also a literal kettle bubbling with Old and New World cuisine washed down with that new American drink, rum. Take a historical/culinary journey that begins with “pease porridge hot” and ginger cookies in the 1500s and continues with Boston baked beans, apple pandowdy, hoppin’ john, and shoo fly pie in the 1700s. Feed your mind as you feed your stomach with 25+ foods prepared by the instructor. There will be a \$25 tasting fee for this class because it’s fun to learn about food, but even more fun to taste it.

Course: 19180 **\$45** **For: 4 sessions**
Section A: May 1-22 **T** **1:00pm-3:00pm**
CE South Building

Roberta Boggess, M.A. English, Outstanding High School Teacher



Roberta Boggess

Celtic Heroes and Heroines

Feasting or fighting, wooing or worshipping, the Celts were a vibrant people. Irish and Welsh myths are bursting with tales of super-humans. We’ll delve into the epic contest between Queen Maeve of Connaught and Cuchulain of Ulster. The ancient story of Finn mac Cool and his Fianna warriors matches actual history in Brian Boru’s army of a thousand years ago. Real heroines too! Warrior-queen Boudicca almost drove the Romans out of Britain, and pirate-queen Grace O’Malley ravaged the navy of Elizabeth I.

Course: 19185 **\$25** **For: 2 sessions**
Section A: Mar 5-7 **MW** **2:00pm-4:00pm**
CE South Building

Section B: Mar 19-26 **M** **1:00pm-3:00pm**

Alegria Del Webb - Active Adult Community
Maya Sutton, Ph.D., Celtic Mythology Professor, dual citizen Ireland/United States



Maya Sutton

For the Love of Chocolate

Who doesn’t love chocolate? Chocolate can be white, dark or cocoa, and used as a sweet or a savory. There will be a selection of recipes, Ganache for truffles, sinful Chocolate Mousse, Red Chile Chocolate Mole Sauce for chicken, Flourless Italian Chocolate Cake and more. We will discuss selection and types of chocolate, proper storage, melting and tempering. Everyone will have a chance to get their hands in the chocolate. **Note:** A materials fee of \$15 will be collected at the start of the class meeting.

Course: 19188 **\$40** **For: 1 session**
Section A: Mar 9 **F** **1:00pm-4:00pm**

Alegria Del Webb - Active Adult Community
Gilda Latzky, with 25 years of cooking experience, studied at the Culinary Institute of America



Gilda Latzky

How Can We Effectively Organize Ourselves?

Have you ever wanted to give back to the community in some way, but felt frustrated with group dynamics? Learn how we can organize ourselves more effectively to generate better ideas and develop useful solutions to challenges. Drawing on the organizational research in team building and group dynamics and using fun activities and discussion, we will explore the best size and composition for groups. We'll discuss how we can better organize ourselves for the task at hand, how to motivate all members to participate, how to make good decisions, how to handle conflicts and how to make sure that everyone feels good about their effort and results.

Course: 19189 **\$25** **For: 2 sessions**
Section A: Apr 14-21 **Sa** **1:00pm-3:00pm**

CE South Building

Candace Taugorra Matelic, Ph.D.

Why Do We Say That? Love and Marriage

Whether you are a *spinster* or a *Beau Brummel*, on Friday we like to slip on our *Levi's*, *put on the dog*, *rub elbows* with the *upper crust*, or eat a *corned beef* sandwich even when we have *to rob Peter to pay Paul*. And *once in a blue moon* while we *eat, drink and make merry*, we find the person of *honeymoon* dreams to carry *across the threshold* even though later that person *may try the patience of Job*. Why do we say what we do? Learn the history behind these and other colorful terms as we *separate the wheat from the chaff* of language.

Course: 19195 **\$25** **For: 2 sessions**
Section A: Apr 20-27 **F** **1:00pm-3:00pm**

CE South Building

Roberta Boggess, M.A. English, Outstanding High School Teacher



Roberta Boggess

Why Do We Say That II

Are you a *maverick*, *teetotaler*, or *doozy*? Stuck with a *white elephant*? Ever been *in like Flynn*? Learn how history and surnames shape and color our daily language. This is Part two in a series called "Why do we say that?"

Course: 19196 **\$25** **For: 2 sessions**
Section A: May 2-May 9 **W** **4:00pm-6:00pm**

Alegria Del Webb - Active Adult Community

Roberta Boggess, M.A. English, Outstanding High School Teacher

Current Events

Great Decisions

Using the Great Decisions booklet as the basis for our discussion, the class will actively discuss some of the top current foreign policy issues and global situations. The booklet, which is published annually by the Foreign Policy Association, presents an excellent overview of each topic through a short reading section with lots of suggestions for further research. The discussions are meant to be lively with plenty of room for conflicting opinions within a civil discourse format. Each participant will be encouraged to express their opinion and to bring in any pertinent outside information to add to the discussion. **Note:** Purchase of the *Great Decision* booklet is required. Go to their website at www.fpa.org for purchase information and the list of topics for 2012.

Course: 19201 **\$45** **For: 4 sessions**
Section A: Mar 1-22 **Th** **10:00am-12:00pm**

Alegria Del Webb - Active Adult Community

Gay Witherington, Experienced Great Decisions Facilitator

Foreign Policy and Current Events

Participants will better understand issues in foreign policy and current events by reading and discussing analyses from a broad cross-section of the world press, academic blogs and policy think tanks. The facilitator will supply core materials for discussions but welcomes other materials from participants. All points of view are welcome, especially constructive and civil rebuttals. Each group is limited to 16 participants to maximize opportunities for active participation.



Jim Munroe

Course: 19207 \$70 For: 8 sessions
Section A: Feb 6-Mar 26 M 10:00am-12:00pm
CE South Building
Section B: Feb 6-Mar 26 M 1:30pm-3:30pm
Cherry Hills Public Library

Jim Munroe, trained facilitator for Great Decisions

America in the Global Economy

The term “globalization” rouses deep passions in some quarters. The integration of a country in the global economy is viewed by some with suspicion if not outright rejection. We will focus on the costs and benefits of an active participation in the global economy. Since trade is a major component of international integration, the case for and against trade will be closely examined, not only for the United States but also for the less developed countries of the world. The role of exchange rates, capital flows, and foreign investment will also be discussed as will the economic relations of the United States with China.

Course: 19209 \$35 For: 3 sessions
Section A: Jan 26-Feb 9 Th 7:00pm-9:00pm
CE South Building
Section B: Mar 13-27 T 1:00pm-3:00pm
Alegria Del Webb - Active Adult Community

Peter Gregory, Ph.D., UNM Emeritus Professor

Global Warming Mitigation: “Cap and Trade” vs. “Carbon Tax”

The Obama administration favors a “Cap and Trade” system to limit carbon emissions. On the other hand, climate scientist James Hanson and Paul Anderson, CEO and Chairman of Duke Energy, are among those who want a carbon tax. What are the pros and cons of each approach? Which is more favorable to the individual homeowner who wants to put solar panels on the roof to sell electricity to PNM?



Ramon Flores

Course: 19219 \$19 For: 1 session
Section A: Feb 10 F 10:00am-12:00pm
CE South Building

Ramon Flores, M.A. in Cultural Pluralism

Why War in the 21st Century? A Multi-disciplinary Inquiry

Globalization has drastically increased the economic, communication and educational links among the various peoples inhabiting the globe. One would think with such increased contact and shared interests, war would be discarded as a useless anachronism. Yet the first decade of the 21st century has been marked by remarkably savage conflicts. This paradox will be addressed from perspectives drawn from anthropology, political science, psychology, political economy and history.



Course: 19232 \$19 For: 1 session
Section A: Apr 9 M 7:00pm-9:00pm
CE South Building

Ramon Flores, M.A. in Cultural Pluralism

Case Studies in Global Environmental Policy: Realities and Controversies

The United Nations leads the world's governing bodies in developing environmental policies that address threats to the Earth's atmosphere, waters, lands, plants, animals and people - threats that affect the ability of the Earth's resources to meet civilization's growing demands for water, food, fuel, fiber and vital minerals. The instructor presents highly visual case studies that address these concerns. Students will discuss the goals and strategies of policies in response to issues raised in each case study. Our purpose is to help citizens critically assess the controversial political issues affecting environmental policies and to separate fact from fiction in the media.

Course: 19289 **\$45** **For: 4 sessions**
Section A: Mar 7-28 **W** **1:00pm-3:00pm**
CE South Building

*Frederic March, Environmental Planning and Policy
Consultant*

Terrorism in Russia: The Fourth Wave

On January 23, 2011, thirty-five people were killed and hundreds wounded when a terrorist exploded a bomb in the arrival area of Moscow's Domodedovo Airport, the busiest in Russia. This attack, which shook the country and alarmed the world, was not an isolated event. The violent assault was one of many in the most recent wave of terrorism in Russia that began in the 1990s, but it was also part of a tradition that stretches back to the mid-nineteenth century.

Course: 19296 **\$19** **For: 1 session**
Section A: Jan 18 **W** **2:00pm-4:00pm**
CE South Building

*Marina Oborotora, Ph.D., Director, Albuquerque
International Association*

Health & Well Being

Introducing Line Dancing

You'll be introduced to about a dozen modern and classic line dances, with the goal of experiencing rhythm, light exercise, entertainment and new friends. Line (or solo) dances are done to many different forms of music, including Latin, Country-Western, Broadway, Hip Hop, and modern Pop to name a few. Line dancing appeals to all ages of people and to both women and men. Bill will gear the dances to the ability of the dancers as you progress through the lessons. Whether or not you have experience with line dancing, you'll gain more confidence in your abilities and gain an added sense of rhythm. **Note:** Wear leather-soled shoes if possible and comfortable, loose-fitting casual clothes.



Course: 19313 **\$45** **For: 4 sessions**
Section A: Feb 3-24 **F** **6:00pm-7:30pm**
CE North Building

Bill Eyles, Social Dance Instructor for 25 years

Intermediate Line Dancing

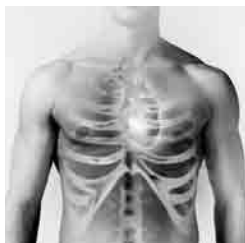
Dancers should have already completed one of the Osher Beginning Line Dance courses in the past or have a foundation in $\frac{2}{4}$, $\frac{4}{4}$, waltz and cha-cha rhythm line dances. Up to a dozen novice to intermediate dances will be presented to expand your experience with rhythm and develop an appreciation of the music used for line dances. Mambo, more cha-cha, and syncopations will be introduced. Bill has been teaching the pleasure of social dance since 1984. **Note:** Wear leather-soled shoes if possible and comfortable, loose fitting casual clothes.

Course: 19321 **\$45** **For: 4 sessions**
Section A: Mar 2-23 **F** **6:00pm-7:30pm**
CE North Building

Bill Eyles, Social Dance Instructor for 25 years

The Brain-Heart Connection to a Lifetime of Well-Being

Do you want a succinct recipe for improving your well-being? In the past fifty years, medical science has greatly expanded our understanding of the intimate connection between our brain and the cardiovascular system. The goal of this course is to provide knowledge that can help us all live happier, heart-healthy lives. We will explore some of the adverse effects on the heart that can result from poor brain-heart connections.



Course: 19326 **\$19** **For: 1 session**
Section A: Apr 23 **M** **1:00pm-3:00pm**
Alegria Del Webb - Active Adult Community
Paul Cochran, M.D.

The Knowledgeable Grandparent #3: Why Early Childhood Matters: A Cross-Generational Perspective

In these times of brutal cost-cutting, early childhood programs are often the first to go. Yet, this is neither fiscally prudent nor advisable in terms of the potential impacts of these cuts on a child's physical, emotional, and intellectual health. Explore these implications with Dr. Andrew Hsi, a nationally recognized pediatrician and Director of the innovative, multidisciplinary FOCUS Programs at UNM. Learn about the possible long-term effects of childhood experiences on adult life and risk-taking behaviors. Grandparents and parents alike will find this information useful on several fronts, but especially as advocates for their families.



Course: 19334 **\$25** **For: 2 sessions**
Section A: Apr 23-30 **M** **7:00pm-8:30pm**
CE South Building
Andrew Hsi, M.D., M.P.H.

Brain Fitness

The mind, like other parts of our body, will decline in health unless we seize opportunities to exercise it properly. Information and activities for staying strong, sharp and independent are provided to empower individuals through the aging process. The Memory Academy, developed by Diana Nohr, is an award-winning interactive curriculum. A workbook will be available from the instructor for \$15.



Terri Tobey

Course: 19339 **\$70** **For: 8 sessions**
Section A: Mar 12-May 7 **M** **2:00pm-4:00pm**
CE South Building
Terri Tobey, M.A., Teaching and Gerontology

Beginning Argentine Tango: De-Mystify the Mystic Tango

Sensuous curves in a red dress. The flick of a stiletto heel. Dancer's heads inclined together as they move as one around the floor of a dimly lit salon, compelled to follow the tango's torch song wherever it takes them. Ah, the Argentine Tango. So mysterious...but not nearly as difficult to learn as you might believe! This class will introduce the components and structure of tango, as well as the connection and partnership skills necessary to make all partner dances fun and comfortable. It is designed for beginners, but also appropriate for dancers with previous tango experience. Dance partners are not required, as we request that dancers change partners often in class to promote the effective learning of lead/follow skills. Our approach will de-mystify the mystic tango - we hope you join us!

Course: 19342 **\$45** **For: 4 sessions**
Section A: May 2-23 **E** **6:00pm-7:00pm**
Dance Emporium - Rio Rancho
Debbie Cook, Social Dance Instructor

Sizzling Cha Cha!

Spring has sprung and it's time to shake off the winter blahs and put some sizzle in your step! So....let's cha-cha-cha! Fun, Fast and Flirty, the cha-cha-cha is a very versatile dance that can be danced to many different genres of music. This class will introduce the basic patterns of cha-cha-cha as well as the partnership skills necessary to make all partner dances fun and comfortable. It is designed for beginners, but also appropriate for dancers with previous dance experience. Dance partners are not required as we request that dancers change partners often in class to promote the effective learning of lead/follow skills. Let's sizzle!



Course: 19344 **\$45** **For: 4 sessions**
Section A: Mar 28-Apr 25 **W** **6:00pm-7:00pm**
Dance Emporium - Rio Rancho
Debbie Cook, Social Dance Instructor

Sound and Sound Healing

Today we have sonar, sonograms and nerve stimulating devices. In ancient times there were drums, Tibetan medicine bowls, didgeridoos, chanting and Hindu Ragas. As never before, since the "crack of dawn" unrelenting sound bombards us all day and night. We will touch on ancient Egyptian and Tibetan practices of sound healing and explore the latest technology utilizing frequencies for sound health. Bring your curiosity and experience sound as never before.

Course: 19346 **\$45** **For: 4 sessions**
Section A: Apr 4-25 **W** **2:00pm-4:00pm**
CE South Building
Trudy Charlton, Certified Sound Healer, Reiki Master

Waltz: Dance the Romance

What lady doesn't secretly wish that her prince charming would waltz her around the ballroom floor? And what prince charming wouldn't benefit by knowing how to make her dreams come true? This class will introduce the basic patterns of waltz and the partnership skills necessary to make all partner dances fun and comfortable. The course is designed for beginners, but also appropriate for dancers with previous dance experience. The patterns and skills that we will learn in this class will be appropriate to dance to both ballroom and Country music. Dance partners are not required, as we request that dancers change partners often in class to promote the effective learning of lead/follow skills. Let's dance the romance!



Course: 19347 **\$45** **For: 4 sessions**
Section A: Feb 29-Mar 21 **W** **6:00pm-7:00pm**
Dance Emporium - Rio Rancho
Debbie Cook, Social Dance Instructor

Live Life Full Throttle for Spiritual, Emotional and Financial Well-Being

Who doesn't desire a rich and full life? A time to nurture and appreciate independence, while maintaining a feeling of exhilaration. Where am I in life? And how do I create a meaningful life? These are questions we all ask ourselves at some point in our development. We are seeking to "repot ourselves" — to escape the restrictive confinement of a root-bound mentality, break free and flourish. We will cover the answers to these questions and put each participant on the path for greater self-discovery. The book *Live Life Full Throttle*, is available from the instructor for \$17.

Course: 19396 **\$25** **For: 2 sessions**
Section A: Feb 7-14 **T** **7:00pm-9:00pm**
CE South Building
Mary Lou Dobbs, Entrepreneur and Author

Communication for Couples

Learn practical and effective talking and listening skills for better decision-making, positive conflict resolution and anger management skills. This interactive class opens couples up to a greater level of connection, and provides practical skills to resolve issues and conflict in your real world circumstances. Whether you are dating, engaged or married, these interpersonal tools will help you build a more satisfying and fulfilling collaborative relationship.



Ana Loiselle

Course: 19397 **\$90/Couple** **For: 6 sessions**
Section A: Feb 25-Mar 31 Sa 1:00pm-3:00pm
CE South Building

Ana Loiselle, Licensed Relationship Coach

Becoming Your Own Health Advocate: Making the Most of Your Five Minutes

Learn to survive in our rapidly changing health care system, by developing strategies to be a strong advocate for yourself or a loved one. Have you been to a health care provider recently and left feeling that your problem was not thoroughly addressed, or that your questions were not answered, or that you and your provider were “talking past” one another? Understand what you need to know to get the most from your visit, from making an appointment, to records you need to take with you, to how to ask questions to get the answers you are seeking, through obtaining records and organizing your personal files. Tab sets for organizing records will be available for purchase for \$10 at the class (optional).



Susan
Brandt
Graham

Course: 19398 **\$50** **For: 2 sessions**
Section A: Mar 6-8 TTh 1:00pm-3:00pm

Note: UNM Tuition Remission eligible.

CE South Building

Susan Brandt Graham, M.D., Ph.D.

It's More Than “Shut Eye”

Explore the science of sleep and the health risks of sleep disorders. The intent of the lecture is to provide the following: Overview of the physiology of sleep; the extent of sleep deprivation and sleep disorders in our society; common sleep disorders their cause, prevention and treatments; good sleep hygiene: preventing sleep problems and enhancing your physical and mental health.



Course: 19399 **\$25** **For: 2 sessions**
Section A: Jan 24-31 T 10:00am-12:00pm

Alegria Del Webb - Active Adult Community

Dennis Holland, Ph.D., Licensed Clinical Therapist

History

Discovering Zebulon Pike’s World of 1806: Was He a Double Agent?

You have heard of Pikes Peak, but who was Zebulon Pike? A contemporary of the famed explorer team of Lewis and Clark, was Zebulon Pike a spy, a loser, or a hero? In 1806, twenty-seven year old Pike led a small group of men into previously unexplored territory for the young United States government. The story, little understood or told by the schoolteachers of our past, has all of the makings of an exciting adventure including political intrigue and death defying marches across the Great Plains and into snow-capped peaks. Through images, primary documents, and the latest research on the expedition, this course will provide you with the evidence to decide for yourself about this controversial man. You may be surprised by your conclusion.

Course: 19418 **\$25** **For: 2 sessions**
Section A: May 9-16 W 2:00pm-4:00pm

CE South Building

Carol Kennis Lopez, M.A., History

From the Weimar Republic through 1945: What Happened in Germany?

Sixty seven years after the defeat of Nazi Germany, debates still rage about what led to the rise of Hitler and the Third Reich, and the German people's response to Nazi rule. We'll analyze and better understand one of the darkest periods in Western Civilization and its implications for the present day. Could such a horror occur again and does the ghost of National Socialism still haunt the world landscape today?

Course: 19420 **\$30** **For: 3 sessions**
Section A: Mar 20-Apr 3 **T** **10:00am-12:00pm**
CE South Building

*Howard Romanek, Retired History/Intl. Studies Instructor,
Illinois State University*



Howard
Romanek

Unlocking the Origins of the Cold War

"Those who control the past, control the future. Those who control the present, control the past." (George Orwell) The Cold War lasted forty-five years, but was never "declared." Different from the two preceding World Wars, its weapons were never utilized. How did the Cold War develop and has it truly ended? Did the United States really win the Cold War and why is it so important to ask these questions more than 20 years after the fall of the Berlin Wall?

Course: 19437 **\$25** **For: 2 sessions**
Section A: Jan 23-30 **M** **1:00pm-3:00pm**

Alegria Del Webb - Active Adult Community
*Howard Romanek, Retired History/Intl. Studies Instructor,
Illinois State University*



There's Somethin' Happenin' Here: America and Vietnam

We'll explore the difficult relationship between the United States and Vietnam. Beginning with the French in Indochina, the course examines imperialist pressures and the rise of Marxist ideas in Indochina. America will replace the French after 1954, ushering in a new challenge for the Vietnamese. The Cold War brings new concerns for Vietnam, with political decisions in the United States that lead to full-scale war. Military, political, social, generational and economic interests collided. We'll highlight the main factors that keep Vietnam as a reoccurring issue in American politics.

Course: 19442 **\$55** **For: 5 sessions**
Section A: Apr 10-May 8 **T** **10:00am-12:00pm**
CE South Building

*Shellie Hochstadt, B.A., History and Social Studies Chair,
El Dorado High School (Ret.)*



Shellie
Hochstadt

Who Were Celtiberians?

Spanish Celts! Who were the Celtiberians? The ethnicity of a people can be traced linguistically, but also by surnames and cultural practices. Is your last name *Gallegos*? That translates as Gallic, or Celt. Is the name *Maldonado* (MacDonald), *Barrera* (barra=stockade), *Cardenas* (carduus=thistle), or *Leal* (loyal)? When you married did they use *el lazo*? And do you celebrate the Celtic New Year as *Dia de los Muertos*? Perhaps you celebrate with *cerveza* (Gaelic for beer) rather than Scotch, but the house might be constructed with *Tapia* (sod) or have a *Torreón* (Tor=tower). These cultural practices, and many others, endure to reveal a proud heritage. We'll explore the archaeological as well as historical foundations of Celtiberians, who they were, and who they are today.

Course: 19454 **\$19** **For: 1 session**
Section A: Apr 5 **Th** **2:00pm-4:00pm**
CE South Building

Michele Buchanan, Ph.D.

The History of the Papacy

Survey the history of the Roman Papacy from Roman times through the Middle Ages and the Reformation to modern times. Special emphasis will be placed on the role of the Popes in shaping western civilization, their overarching power in the Middle Ages, their corruption and fall in the Renaissance and Reformation and finally their survival and recovery from the French Revolution to the present. **Recommended reading:**

Keepers of the Keys of Heaven by Roger Collins.

Course: 19468 **\$80** **For: 8 sessions**

Section A: Jan 20-Mar 9 **F** **1:00pm-3:00pm**

CE South Building

Charles Truxillo, Ph.D., Latin American Expert



Charles
Truxillo

Al-Andaluz: Religious Communal Relations in Islamic Spain

The brilliant civilization Islam created in Medieval Spain featured vibrant cultural cross-pollinations between the Christian, Muslim and Jewish communities. This was *La Convivencia* of the 8th through 11th centuries - a remarkable period of toleration and “flowing together” of the three cultures. Indeed the Jewish Medieval Golden Age occurred in Al-Andaluz. This was followed by four centuries of the increasing conflict, persecution, and ethnic cleansing of *La Reconquista*. The many tantalizing legacies and ambiguities of Al Andalus will be assessed.

Course: 19499 **\$19** **For: 1 session**

Section A: Apr 4 **W** **4:00pm-6:00pm**

Alegria Del Webb - Active Adult Community

Ramon Flores, M.A. in Cultural Pluralism

Literature & Writing

Dog My Cats: Reading and Writing About Pets

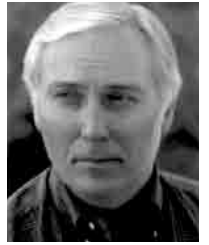
Stories about pets abound--and not just dog and cat stories. Stories about all kinds of animals populate libraries, bookstores, television, and movie theatres. Children's books would be almost non-existent without animals in them. Accounts of a favorite pet's life or death, funny antics, or sad encounters stir everyone's emotions and imaginations. One way to express our fondness for or frustration with our pets is to write about them, or even to them, to record our puzzlement or understanding of one of the most powerful bonds humans have with nature. This course will provide the opportunity to write about a favorite dog or cat, turtle or bird, horse or hare resulting in a codified memory to share with others. Key animal stories will serve as an initial basis of discussion.

Course: 19501 **\$50** **For: 4 sessions**

Section A: Mar 6-27 **T** **1:00pm-3:00pm**

CE South Building

Robert Gish, Ph.D., English Professor, Distinguished Scholar and Author



Robert Gish

From Notebook to Bookshelf

We will explore the nuts and bolts of traditional publication routes for fiction novels. We'll discuss look at everything from formatting a manuscript to setting up a book signing, and we'll look at some of the recent changes in the publishing industry. The instructor reveals information about not only her successes, but also her missteps in order to help others avoid the same mistakes.



Sarah Baker

Course: 19516 **\$35** **For: 3 sessions**
Section A: Jan 28-Feb 11 **Sa** **1:00pm-3:00pm**
Alegria Del Webb - Active Adult Community

Sarah Baker, Author of fourteen novels & e-books, including the Dassas Cormier Mystery Series.

Come Home to Yourself

Home means many things to different people. It can be a physical place, an emotional space or an activity where you can be yourself without masks or airs and be known for who you are. It's a haven within where you feel comfortable, safe and content, your inner and outer voices becoming one. Pat Shapiro, author of *Coming Home to Yourself: Eighteen Wise Women Reflect on Their Journeys*, will facilitate a discussion on the personal meaning of home. Drawing on the women's stories in the book as inspiration, we'll explore our own goals and intentions through discussion, journaling and personal reflection. At the end of the class, you'll have a focus for your journey home.



Course: 19518 **\$19** **For: 1 session**
Section A: May 3 **Th** **2:00pm-4:00pm**
CE South Building
Pat Shapiro, MSW, Author

Death Finds an Audience: The History of the Mystery Novel, 1840-1930

When Edgar Allen Poe introduced his detective Dupin in short stories, he kicked off a new genre of literature that appealed to citizens worried about crime in their burgeoning cities. By 1870, full length detective novels existed. In 1890, readers eagerly embraced the debut of Sir Arthur Conan Doyle's Sherlock Holmes, the most famous sleuth of all time. In the 1920s, the mystery novel in the skilled hands of Agatha Christie and Dorothy Sayers reached its Golden Age. Why did the stories of murder and deception prove so appealing to audiences? What social problems did the writers of mystery novels expose in this new genre? What conventions developed that defined the mystery novel by its Golden Age? We will explore these questions with stories by a variety of writers

Course: 19538 **\$45** **For: 4 sessions**
Section A: Mar 6-27 **T** **7:00pm-9:00pm**

CE South Building

Cheryl Foote, Ph.D., History, Scholar, Author, University Professor (Ret.)

Memoir Workshop

What memories do you carry with you, moments that make your life your own? Memoir invites us to unpack those moments and render them into story. Join us for an afternoon of writing exercises and creative discussion designed to unearth life stories and deepen your experience of the writing process. Topics include: finding your writer's voice, writing your way to the material and letting the story emerge through detail. Experienced and aspiring writers welcome.



Connie
Josefs

Course: 19544 **\$25** **For: 1 session**
Section A: Feb 18 **Sa** **1:00pm-4:00pm**
Alegria Del Webb - Active Adult Community
Section B: May 9 **W** **6:00pm-9:00pm**
CE South Building
Connie Josefs, M.F.A.

Looking for William Shakespeare

By examining different aspects of authorship, breadth of knowledge and literary influences reflected in a selection of plays, we'll try to illuminate the darker shadows surrounding the playwright William Shakespeare. We'll explore Shakespeare within the context of the Elizabethan theater, his rival playwrights and the complex political background of the period. Using film and partial scripts, we'll study Love's Labour Lost, The Taming of the Shrew, The Merchant of Venice, Hamlet and Richard III.

Course: 19576 **\$60** **For: 6 sessions**
Section A: Feb 23-Mar 29 **Th** **2:00pm-4:00pm**
CE South Building
Susan McCosker, Ph.D.

The Craft of Creative Writing

Do you have ideas for fiction or non-fiction stories, but don't know how to get them on paper for others to enjoy? Do you have partial stories that you'd like to complete? In this class, we will discuss and practice the craft of writing. Using in-class prompts and commentary on participant work, we will focus on narrative arc, character, point of view, conflict, stylistics (tone, pacing, diction), and sentence mechanics. The course is designed for beginner and intermediate writers, but everyone is welcome who wants a back-to-basics refresher in the craft of writing.

Course: 19584 **\$70** **For: 6 sessions**
Section A: Jan 23-Feb 27 **M** **1:00pm-3:00pm**
CE South Building
Dodici Azpadu, Ph.D.

Writing Memoir

What memories do you carry with you, moments that make your life your own? Memoir invites us to unpack those moments and render them into story. This ongoing class is designed for members who want guidance, inspiration and writing exercises to launch or continue their memoir writing. Experienced and aspiring writers welcome.



Course: 19589 **\$80** **For: 8 sessions**
Section A: Jan 19-Mar 8 **Th** **10:00am-12:00pm**
Section B: Mar 22-May 10 **Th** **10:00am-12:00pm**
Both sections: CE South Building
Connie Josefs, M.F.A.

Emerson and Thoreau: American Transcendentalism

Ralph Waldo Emerson and Henry David Thoreau go far in defining the American Romantic movement and more particularly our country's brand of transcendentalism. Their friendship and reciprocal influence as part of what critics label the American Renaissance is legendary. This course will discuss key texts by both authors and delve into the cultural and biographical contexts which nourished such genius--such literary and philosophical greatness.

Course: 19592 **\$45** **For: 4 sessions**
Section A: Apr 4-25 **W** **10:00am-12:00pm**
Alegria Del Webb - Active Adult Community
Robert Gish, Ph.D., English Professor, Distinguished Scholar and Author



Robert Gish

The Life and Times of C.S. Lewis

Children know him as the author of the *Chronicles of Narnia*. Fantasy buffs know him as the author of a science fiction trilogy, and as a friend of JRR Tolkien. Christians the world over recognize him as one of the greatest apologists of the 20th century. Academic, poet, novelist, and medievalist, Jack (as he was known to his friends) was a complex, yet deeply inspirational figure. Come and explore the life, works and spirituality of Clive Staples Lewis, including the story of the great love of his life, Joy Gresham.

Course: 19593 **\$19** **For: 1 session**
Section A: Feb 16 **Th** **2:00pm-4:00pm**
CE South Building
Jane Ellen, Composer, Pianist, Lecturer and Recording Artist



Jane Ellen

Reading for Writers

When writers read, they look beneath the text to what was not said. They examine choices the writer made, the problems solved and not solved. Readers who write increase their appreciation of the text; they read with greater interest, understanding and enjoyment. In this class, members will read and analyze literature from a writer's point of view and will experiment with writing exercises to solidify learning and enhance creative expression. We will explore a variety of genres, including fiction, creative non-fiction and poetry. For writers, aspiring writers and other curious souls.

Course: 19594 **\$60** **For: 6 sessions**
Section A: Feb 1-Mar 7 **W** **10:00am-12:00pm**
CE South Building
Connie Josefs, M.F.A



Leonard Cohen and Robertson Davies: Canadian Men of Letters

Poet, songwriter, and novelist Leonard Cohen is known by many because of his music; novelist, playwright, lecturer and philosopher. Robertson Davies is equally important in Canada's literary canon, but not as well known in the United States. There is a richness in the works of both of these men that give us a historical sense of Canada similar to the earlier northeastern United States, and both men's writings have relevance to all our experience. Moreover, both are steeped in mythology and symbolism.

Course: 19598 **\$45** **For: 4 sessions**
Section A: Apr 4-25 **W** **10:00am-12:00pm**
CE South Building
Rosemary Day, Ph.D., English, University Professor, (Ret)

Music & Theater

Introduction to Acting

This course is geared toward those students who wish to learn techniques employed onstage or onscreen, in improvisational, scene and solo work. Learn basic improvisation, using highly-enjoyable activities and tasks. Then we move on to simple scene and textual work - these functions being applied to solo expositions (monologues) or short scenes (of two/three players) to prepare for a performance piece to be given at course's end. This intro class promises to be, first and foremost, a great deal of fun; and the studies learned will infuse its players with more physical and verbal confidence - to be exercised in any life situation.



Course: 19601 **\$60** **For: 6 sessions**
Section A: Feb 2-Mar 8 **Th** **6:30pm-8:30pm**
CE South Building

Robin Lane, Professional Actress, Stage and Screen

Anne Frank and the Music of Socialist Germany

Anne Frank's world changed drastically with the advent of Nazi Socialism in the 1930s. As the Third Reich's New Order sought to control the masses, the music of some composers was deemed degenerate, and therefore was banned. The forbidden music was replaced with a list of state-endorsed works by "acceptable" composers. This presentation will examine these changes against the backdrop of Anne's story, including glimpses into her life provided by her diary.

Course: 19607 **\$19** **For: 1 session**
Section A: Jan 25 **W** **2:00pm-4:00pm**
CE South Building

Jane Ellen, Composer, Pianist, Lecturer and Recording Artist

The History and Evolution of Jazz

Although the jazz impulse is difficult to define, the outlines of the history and evolution of jazz are easier to trace. This course will follow jazz from its origins to the present with attention paid to the key



demarcations of Dixie land, ragtime, blues, swing, bebop, bossa-nova and smooth jazz. **Recommended text:** Mark C. Gridley, *Concise Guide to Jazz*, Prentice Hall, 2001, ISBN 0-13-088682-3.

Course: 19655 **\$45** **For: 4 sessions**
Section A: Jan 18-Feb 8 **W** **10:00am-12:00pm**

Alegria Del Webb - Active Adult Community
Robert Gish, Ph.D., English Professor, Distinguished Scholar and Author

The History and Evolution of Jazz II

Jazz is a confluence of many streams-- forms and traditions that in one way or another merge with one dominant and on-going river of delight. This course is an extension of Jazz I, which dealt with New Orleans Jazz, Classic Jazz, and Swing. Here the concentration will be on how those early periods influenced Bop, Cool Jazz, Hard Bop, Avant-Garde, Fusion and Modern Jazz. Special attention will be given to John Coltrane, Miles Davis, Chet Baker, and Wes Montgomery, among others. Films, recordings, and discussion will provide access to both the sounds and the ideas (themes) of that inscrutable art form called Jazz.

Course: 19657 **\$45** **For: 4 sessions**
Section A: Mar 26-Apr 16 **M** **10:00am-12:00pm**

CE South Building
Robert Gish, Ph.D., English Professor, Distinguished Scholar and Author

The Big Band Era

While people in the United States nervously watched the changing face of Europe in the 1930s, American popular music was on the rise to unparalleled heights. Although a case can be made for big band music stretching back into the 19th century, the bands hit their peak from 1930-1945, and this is commonly called the Big Band Era. The first half of this class will set the stage and look at the players who were just beginning to put their bands together in the 1930s, while the second half will explore the music scene during World War II. Both sessions will be amply supported by recordings of classic bands including Benny Goodman, Glenn Miller, Duke Ellington and the Dorsey Brothers.

Course: 19693 **\$25** **For: 2 sessions**
Section A: Mar 14-21 **W** **10:00am-12:00pm**
Alegria Del Webb - Active Adult Community
Jane Ellen, Composer, Pianist, Lecturer and Recording Artist

Psychology/Science

A History of Doomsday Prophecies

Humankind has been forecasting its own demise since the beginning of time. A 5,000 year old Assyrian clay tablet found in the Middle East desert several decades ago is our first known evidence of a doomsday prophecy. Ancient Rome was founded in 753 BC and superstitious Romans believed it would be destroyed only 120 years later. Jesus' apostles believed his prediction that he would return in their lifetimes and bring the end of the world with him. The late evangelist, Harold Camping twice predicted the end of the world, most recently on May 22, 2011. Will December 21, 2012 when the Mayan calendar ends, bring the end of humankind? What happens on December 22? Will humans ever cease to predict their own doom?



Course: 19712 **\$40** **For: 3 sessions**
Section A: Mar 14-28 **W** **10:00am-12:00pm**
CE South Building
Max Macauley

Molecular Cell Biology and Biotechnology

Biotechnology has been utilized for thousands of years, as humans used selective breeding to improve production of crops and livestock to use them for food. The field of modern biotechnology is considered to have begun in 1980, when the US Supreme Court ruled that a genetically modified organism could be patented. Amanda Chakrabarty, Working for General Electric, developed a bacterium able to break down crude oil. Learn the foundations of molecular cell biology with possible focus topics such as stem cell research, epigenetic inheritance, and genetically modified organisms.



Vickie Peck

Course: 19736 **\$35** **For: 3 sessions**
Section A: Apr 13-27 **F** **10:00am-12:00pm**
CE South Building

*Vickie Peck, Ph.D., Bio-Logic, LLC, Consultant in
Biochemistry and Molecular Genetics*

Plagues, Pestilence and Pandemics

To understand plague, we must first understand the interactions between ourselves and our ever-present companions, the invisible world of bacteria and other micro-organisms which surround us. Only a small percentage of these are unfriendly, but these have been responsible for the deaths of countless millions of people over the centuries, often in pandemics where a substantial proportion of the population died, such as the Black Death, which killed between one-third and one-half of the population of Europe. Since the discovery of the offending bacteria, the term Plague has been reserved for a particular disease which still exists, and still has the potential for major epidemics. We'll discuss treatment, control, and prevention, as well as the threat of future pandemics.



Francis Roe

Course: 19783 **\$35** **For: 3 sessions**
Section A: Mar 21-Apr 4 **W** **1:00pm-3:00pm**
CE South Building

Francis Roe, M.D.

Fundamentals of Meteorology and Weather Forecasting

Curious about what makes the atmosphere work the way it does? Interested in making your own weather forecast or refining the ones that are already available? We'll cover the basics from the general circulation of the atmosphere down to refining a general weather forecast to a more specific forecast for the location in which you happen to live. General topics discussed include the structure of the atmosphere, how low and high pressure systems are formed and evolve, frontal systems, cloud formation and type, weather instruments, and how to read weather maps and plain weather text. Specific topics include New Mexico climatology and how New Mexico geography influences our climate. Finally we will discuss weather forecasting techniques and how you can make your own forecast with the resources available online.

Course: 19789 **\$45** **For: 4 sessions**

Section A: Feb 1-22 **W** **3:30pm-5:00pm**

Alegria Del Webb - Active Adult Community

Bill Klein, Ph.D., Meteorologist, Retired

What's the Buzz About Beekeeping

Honeybees are very important to human beings. They have an indirect connection to about one-third of all the food we eat through their pollination efforts. Honeybees in the United States appear to be collapsing and dying off. What does this mean for the future of humankind? This class will introduce you to honeybees, their culture and importance to mankind. We will investigate some basic information about honeybees and what's involved in beekeeping. Just how does one get started as a beekeeper and what are the rules in New Mexico?



Course: 19794 **\$19** **For: 1 session**

Section A: Apr 30 **M** **1:00pm-3:00pm**

CE South Building

Jerry Anderson

The Evolution of Immunity

The Center for Evolutionary and Theoretical Immunology (CETI) is a NIH funded center that supports and brings together the research of investigators at both the University of New Mexico and Los Alamos National Laboratory. Areas of research range from the modeling of infectious disease to the defense systems of a wide range of species. This course will provide a series of lectures from CETI investigators covering both specific research projects as well as broad concepts in the evolution of immunity.

Course: 19796 **\$19** **For: 1 session**

Section A: Feb 27 **M** **7:00pm-9:00pm**

Of Possums & Platypuses: The Evolution of Mammalian Immune Systems

Dr. Rob Miller, Professor, Dept. of Biology & Immunology

Section B: Mar 8 **Th** **7:00pm-9:00pm**

Immunity & Gut Microbiota in Health and Disease

Dr. Joe Alcock, Associate Professor

Section C: Apr 12 **Th** **7:00pm-9:00pm**

How 'T' Cells Move in Immunity and Cancer

Dr. Judy Cannon

Section D: May 3 **Th** **7:00pm-9:00pm**

The Evolution of Animal Immunity:

Seeking the Big Picture

Dr. Eric S. Loker

All sections: CE South Building

Spirituality

Piercing the Veil: Mystics and Writers of Ecstasy

All spiritual traditions world-wide insist that there is a veil between ordinary reality and an ultimate, spiritual reality. Mystical traditions have used various devices to pierce the veil of reality—including fasting, dance and drums. Literature—especially poetry—has been a common medium for describing and actually embodying “peak experiences,” what is called “the numinous” or “the awe-inspiring mystery (mysterium tremendum).” We will read and discuss some of the finest examples of the mystical tradition: writers like Rumi, Wordsworth, Kazantzakis, Walt Whitman, Basho, William Blake, Robinson Jeffers, Mary Oliver and others. In addition, there will be the opportunity for class members to share their own personal, mystical experiences.

Course: 19826 **\$45** **For: 4 sessions**
Section A: Jan 11-Feb 1 **W** **10:00am-12:00pm**
CE South Building

David Johnson, Ph.D., Emeritus Professor of English



David
Johnson

An Introduction to World Religion

Study the development and interrelationship of world religions. Ideas move with trade and travel, and religion follows these routes. From polytheistic ideas, Zoroastrian concepts, and the development of monotheism, religion forms and reforms through philosophy and social interaction. We will explore early religious beliefs, and the practices of today’s five major world religions: Hinduism, Buddhism, Christianity, Judaism, and Islam. We’ll utilize historical perspective while investigating the relationship of political, economic and social patterns on belief and custom.

Course: 19853 **\$60** **For: 6 sessions**
Section A: Jan 17-Feb 21 **T** **10:00am-12:00pm**
CE South Building

*Shellie Hochstadt, B.A., History and Social Studies Chair,
El Dorado High School (Ret.)*

Poetry of the Spirit

Human beings seem to have an inborn urge to experience and express spiritual feelings. However, like other overwhelming experiences, spiritual emotions are not easily translated into artistically powerful and sophisticated poetry. In this workshop, we will read spiritual poetry from the past and the present and then we will use a series of exercises designed to help us express our own spiritual experiences in poetry.

Course: 19868 **\$35** **For: 3 sessions**
Section A: Feb 8-22 **W** **6:00pm-8:00pm**
CE South Building

*Jeanetta Mish, Ph.D., Writer, Scholar, Professional and
Editor of Mongrel Empire Press*

Exercise for the Soul

A regular spiritual practice builds “spiritual muscles” just as regular physical exercise builds muscles for the body. From quiet meditation and prayer to ecstatic song and dance, spiritual practices have taken myriad forms throughout history. The first class will present a brief overview of many of these forms along with some description of the various religious and spiritual traditions they represent. The second class will focus on how to create an individual form of practice which will complement and supplement one’s own particular belief system to provide a regular source of inner healing and spiritual growth and strong soul muscles.

Course: 19870 **\$25** **For: 2 sessions**
Section A: Feb 2-9 **Th** **10:00am-12:00pm**
Alegria Del Webb - Active Adult Community
Gay Witherington, M.Ed, Counseling Psychology

The Seven Deadly Sins

Pride, avarice, envy, wrath, gluttony, sloth and lust - “mortal” sins classified since early Christian times and infamously depicted through Bosch paintings, Dante’s masterpiece, and in every possible medium of the popular culture. Theologically, a mortal sin is believed to destroy the life of grace within the person and thus creates the threat of eternal damnation. How did these sins develop historically? Do they have any relevance in the 21st Century and can they provide us with a vehicle to examine the contemporary world?



Howard Romanek

Course: 19877 **\$25** **For: 2 sessions**
Section A: Feb 22-29 **W** **7:00pm-9:00pm**
CE South Building
Howard Romanek, Retired History/ Intl. Studies
Instructor, Illinois State University

Topics in Greek Mythology:

The Hero and the Sacred Feminine

The hero myths in Greek Mythology reveal the importance of the hero in every culture in terms of society, spirituality, psychology and archetype. One aspect of hero myths frequently overlooked is that the hero succeeds only with the aid of the Feminine. Looking at Penelope, Circe, Calypso, Athene and Queen Arete, as well as various nymphs and monsters in Homer’s Odyssey, we will explore why the presence of the Feminine is necessary to the success of the heroes endeavors.



Shari Tarbet

Course: 19881 **\$35** **For: 3 sessions**
Section A: Mar 7-21 **W** **6:00pm-8:00pm**
CE South Building
Shari Tarbet, M.A., Classical Mythology expert

Norse Mythology

Using the Edda of Snorri Sturluson as a source, this course will study the Norse Creation myth, the Norse concept of the World Tree Yggdrasil, the Norns (fates) and the Norse pantheon of gods and goddesses. We’ll explore the concept of Valhalla, the Valkyries and Norse myths which feature Aesir as well as Ragnarok and the emergence of Slepnir, Odin’s eight-legged horse.

Course: 19896 **\$25** **For: 2 sessions**
Section A: Feb 7-14 **T** **4:00pm-6:00pm**
Alegria Del Webb - Active Adult Community
Shari Tarbet, M.A., Classical Mythology expert

Travel

St. Petersburg: The City That Should Not Be and Would Not Die

Lit by sun at midnight in the summer, and wrapped in mist in the winter, the city is famous for its artistic brilliance, power, suffering and monumental heroism. St. Petersburg was the capital of the Russian empire until 1917 when its citizens jumpstarted the Bolshevik revolution and a three-quarters-of-a-century-long Communist experiment. In 1941-1942, the armies of Nazi Germany lay siege to Leningrad for nine hundred days, but its people stood firm and survived, paying a terrible price - the lives of more than half a million men, women and children. St. Petersburg/Leningrad has become a symbol of the fighting human spirit that does not surrender and of a beauty that never dies.



Course: 19905 **\$19** **For: 1 session**
Section A: Jan 24 **T** **2:00pm-4:00pm**
CE South Building
Marina Oborotora, Ph.D., Director, Albuquerque International Association

Capitals of the World: Cairo

Egypt has fascinated the West with its stunning architecture and aura of mystery. From William Shakespeare to Cecil B. DeMille, it has inspired western creativity and imagination through the past 500 years of written history. Egyptians today refer to Cairo as *Masr*, the pronunciation of the name for Egypt itself. Cairo has the oldest and largest film and music industries in the Arab World, as well as the world's second-oldest institution of higher learning. It is the home of Africa's only Metro system, which is also the fifteenth largest in the world. Long the center of the region's political and cultural life, many international media, businesses and organizations make their regional headquarters in Cairo. Come be enthralled by Egypt's enigmatic capital city.



Course: 19929 **\$19** **For: 1 session**
Section A: Feb 17 **F** **10:00am-12:00pm**
CE South Building
Charles Eberle, M.D.

Magical Ireland

Do you have Irish ancestry, or wish you did? Are you drawn to the Emerald Isle, longing to experience ancient sacred sites, castles and abbeys and pubs with live music? This talk reveals a hundred different aspects of magical Ireland. You will see exceptional Neolithic structures, treasures from Celtic times, beautiful works from Celtic Christianity, and feel the pulse of modern Ireland. The cuisine is now gourmet, and the people are forever delightfully individual.



Course: 19935 **\$19** **For: 1 session**
Section A: Mar 16 **F** **10:00am-12:00pm**
CE South Building
Maya Sutton, Ph.D., UNM Adjunct Professor, Dual Citizen, Ireland/United States

Moscow- Building a New Third Rome

Holy Moscow, New Rome, Center of Russia - these names reflect some of the different facets of the City's ever changing identity throughout centuries. Since its founding nearly 900 years ago, Moskva grew from a small settlement on the banks of the river, Moscow, to the capital of centralized Russia. With the collapse of the Soviet Union, the city's face has been transformed by massive restoration, renovation and a vast program of new construction. Moscow has seen the emergence of a new, energetic middle class and has lived through both boom and bust. Recently her uneven, breakneck growth and glittering prosperity has earned Moscow the dubious distinction as the world's most expensive city, choking in traffic jams spawned by economic success. But for all the changes, much of old Moscow remains and she can still take pride in her splendid traditional architecture, fascinating museums like the Tretyakov Gallery, and cultural wonders like the Bolshoi Theater ballet.

Course: 19989 \$19 For: 1 session
Section A: Jan 26 Th 10:00am-12:00pm
Alegria Del Webb - Active Adult Community
Marina Oborotora, Ph.D., Director, Albuquerque International Association



Spring 2012 Osher Calendar

This calendar lists courses by starting date. For a full description including length and time, look things up by Course Number in the pages of this Osher catalog. All classes are held at UNM Continuing Education unless noted with the following key: **DW** = Del Webb Alegria Site, **CH** = Cherry Hills Public Library, **DS** = Dance Emporium.

January

Date	Day	Course #	Course Title	Sessions
Jan 11	W	19826	Piercing the Veil	4 weeks
Jan 17	T	19853	World Religions	6 weeks
Jan 18	W	19296	Terrorism in Russia	Lecture
Jan 18	W	19655	History and Evolution of Jazz DW	4 weeks
Jan 19	Th	19589	Writing Memoir	8 weeks
Jan 20	F	19468	History of Papacy	8 weeks
Jan 23	M	19437	Cold War DW	2 weeks
Jan 23	M	19584	Creative Writing	6 weeks
Jan 24	T	19399	Shut Eye DW	2 weeks
Jan 25	W	19607	Anne Frank	Lecture
Jan 24	T	19905	St. Petersburg	Lecture
Jan 26	Th	19989	Moscow DW	Lecture
Jan 26	Th	19209	Global Economy	3 weeks
Jan 28	S	19516	From Notebook to Bookshelf DW	3 weeks

February

Date	Day	Course #	Course Title	Sessions
Feb 1	W	19104	Fakin' It... Illusory Art II	3 weeks
Feb 1	W	19789	Meteorology DW	4 weeks
Feb 1	W	19594	Reading For Writers	8 weeks
Feb 2	T	19601	Acting	6 weeks
Feb 2	T	19870	Exercise for the Soul DW	2 weeks
Feb 3	F	19313	Introductory Line Dancing	4 weeks

Feb 6	M	19207	Foreign Policy&Current Events	8 weeks
Feb 6	M	19207	Foreign Policy&Current Events CH	8 weeks
Feb 7	T	19109	Baroque Art	6 weeks
Feb 7	T	19155	Computerized Genealogy DW	4 weeks
Feb 7	T	19396	Live Life Full Throttle	2 weeks
Feb 7	T	19896	Norse Mythology DW	2 weeks
Feb 8	W	19868	Poetry of the Spirit	2 weeks
Feb 10	F	19219	Global Warming Mitigation	Lecture
Feb 16	T	19593	C.S. Lewis	Lecture
Feb 17	F	19989	Cairo	Lecture
Feb 18	S	19544	Memoir Workshop DW	Workshop
Feb 22	W	19877	Seven Deadly Sins	2 weeks
Feb 23	T	19576	Looking for Shakespeare	6 weeks
Feb 25	S	19397	Communication for Couples	6 weeks
Feb 27	M	19796	Possums & Platypuses	Lecture
Feb 29	W	19347	Waltz: Dance the Romance DS	4 weeks

March

Date	Day	Course #	Course Title	Sessions
Mar 1	T	19201	Great Decisions DW	4 weeks
Mar 2	F	19321	Intermediate Line Dancing	4 weeks
Mar 5	M	19118	Athens	Lecture
Mar 5	M	19163	Tea, Sec A (NM Tea Co)	3 weeks
Mar 5	M	19163	Tea, Sec B (NM Tea Co)	3 weeks
Mar 5	M/W	19185	Celtic Heroines	2 sessions
Mar 6	T/Th	19398	Health Advocate DW	2 sessions
Mar 6	T	19501	Dog MY Cats	4 weeks
Mar 7	W	19289	Global Environmental Policy	4 weeks
Mar 7	W	19693	Big Band Era DW	2 weeks
Mar 7	W	19881	Greek Mythology/Sacred Feminine	3 weeks
Mar 8	T	19796	Immunity w/Gut Microbiota	Lecture
Mar 9	F	19188	For the Love of Chocolate DW	Workshop
Mar 12	M	19339	Brain Fitness	8 weeks
Mar 13	T	19209	Global Economy DW	3 weeks
Mar 14	W	19712	History of Doomsday	3 weeks
Mar 15	T	19589	Writing Memoir	8 weeks
Mar 16	F	19935	Magical Ireland	Lecture
Mar 19	M/W	19185	Celtic Heroines	2 sessions
Mar 20	T	19420	What Happened in Germany?	3 weeks
Mar 21	W	19783	Plagues, Pestilence & Pandemics	3 weeks

Mar 23	F	19121	America's Art Museums	Lecture
Mar 23	F	19141	Splash Ink & Watercolor	6 weeks
Mar 26	M	19657	History&Evolution of Jazz II	4 weeks
Mar 28	W	19344	Sizzling Cha Cha! DS	4 weeks

April

Date	Day	Course #	Course Title	Sessions
Apr 2	M	19108	Art & Sport	4 weeks
Apr 3	T	19143	Modern Art, Sec A DW	2 weeks
Apr 3	T	19538	Death Finds an Audience	4 weeks
Apr 4	W	19346	Sound & Sound Healing	4 weeks
Apr 4	W	19499	Al-Andaluz: Islamic Spain DW	Lecture
Apr 4	W	19592	Emerson & Thoreau DW	4 weeks
Apr 4	W	19598	Cohen & Davies: Men of Letters	4 weeks
Apr 5	T	19454	Celtiberians: Spanish Celts	Lecture
Apr 9	M	19232	Why War in the 21st Century?	Lecture
Apr 10	T	19442	America and Vietnam	5 weeks
Apr 12	T	19172	Storytelling through the Ages	3 weeks
Apr 12	T	19796	How "T" Cells Move	Lecture
Apr 13	F	19736	Molecular Cell Biology	3 weeks
Apr 14	S	19189	Group Organization	2 weeks
Apr 17	T	19143	Modern Art, Sec B DW	2 weeks
Apr 18	W	19122	Sculpting Cathedrals	Lecture
Apr 20	F	19121	America's Art Museums, Sec B DW	Lecture
Apr 20	F	19195	Why do we say? Love & Marriage	2 weeks
Apr 23	M	19326	Brain-Heart Connection DW	Lecture
Apr 23	M	19334	Why Early Childhood Matters	2 weeks
Apr 30	M	19794	Buzz about Beekeeping	Lecture

May

Date	Day	Course #	Course Title	Sessions
May 1	T	19180	American Colonial Cooking	4 weeks
May 2	W	19196	Why do we say that? DW	2 weeks
May 2	W	19342	Argentine Tango DS	4 weeks
May 3	T	19518	Come Home to Yourself	Lecture
May 3	T	19796	Animal Immunity: Big Picture	Lecture
May 9	W	19418	Discovering Zebulon Pike	2 weeks
May 9	W	19544	Memoir Workshop	Workshop

Registration Form for Osher Courses

Phone: Call (505) 277-0077 to register and charge it to your credit card.

Fax: Use your credit card to Fax us your registration at (505) 277-1990.



Mail: Make your check or money order payable to UNM Continuing Education or charge it to your VISA, MasterCard, Discover or American Express and mail to UNM Continuing Education, 1634 University Blvd. NE, Albuquerque, NM 87131.

In Person: M-F, 7:30am-5:30pm, come to UNM's Continuing Education south building at 1634 University Blvd. NE and register in person.

Please start my Osher membership. (New members for current year).

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Please register me for the following courses: (Please Print)

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- 1) Course Title _____
Course # _____ Section _____ Cost _____
- 2) Course Title _____
Course # _____ Section _____ Cost _____
- 3) Course Title _____
Course # _____ Section _____ Cost _____
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Expiration Date _____ Signature _____

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If using a company Purchase Order *the form must accompany this registration application*, or your registration will not be processed.

Register at (505) 277-0077

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